

Abyssinia Restaurant Menu

Starters

1. Vegan Salad - Mixed vegetables selected by our chef	£4.00
2. Meat Samosa (For 2 People)	£4.00
3. Vegetarian Samosa (for 2 people)	£3.90
4. Sizzling Chicken	£5.50
5. Lentils Minestrone	£4.50
6. Soup (Beef/Chicken)	£4.50
7. Vegetarian/Vegan Soup	£4.00
8. Pozole Chicken Soup – Tortilla corn with red kidney	£4.00
9. Tuna Salad	£4.50
10. Abyssinia Dulet - Ethiopian seasoned combination of beef liver & lamb tripe. Served with injera (Ethiopian traditional sour-dough risen flatbread)	£10.00
11. Abyssinia Salad – Tomatoes, onions and green chilli	£3.90
12. Avocado Salad	£4.50
13. Potato Salad	£3.95
14. Green Salad - Lettuce, onions & green peppers with house dressing	£4.00

Vegetarian Dishes

15. Gomen - Collard greens cooked in a mild sauce of onions & garlic Mild	£7.50
16. Mesir Wot - Lentils slowly cooked in flavourful berbere sauce & a blend of spices	£7.50
17. Shero Wot - Ground split peas slow cooked in flavourful berbere sauce	£8.00
18. Ater Kilk - Split peas slowly cooked in a blend of spices, onions, garlic, turmeric & aromatic oil	£7.50
19. Alecha Dinech & Cabbage - Cabbage, carrots and potatoes slowly cooked in onions & a blend of spices	£8.00
20. Tomato Fitfit	£7.50
21. Ingudai Tibs - Marinated sautéed mushrooms with onion, garlic & fresh tomatoes	£8.00
22. Yetsom Beyaynetu - Mixed vegetarian fasting dish with seasonal vegetables blended with mild Ethiopian spices or Berbere (hot)	£8.90

Grilled Dishes

23. Grilled Tilapia Fish with lime - Served with vegetables & salad	£12.00
24. Grilled Chicken Breast - Served with vegetables & salad	£9.50
25. Grilled Beef Steak - Served with vegetables & salad	£9.00
26. Grilled Lamb Steak - Served with vegetables & salad	£10.00
27. Grilled Golden Roasted Ribs – Served with greens	£12.00
28. Premium Grilled Beef Steak – Served with Salad	£10.50

Special Dishes

29. Bozena Shero - Meat cooked in a wonderful aromatic pea flour sauce	£9.00
30. Abyssinia Doro Wot - Traditional national food. Richly spiced deep pan slow cooked chicken with boiled egg	£10.00
31. Abyssinia Zegni Quey Wot - Spiced minced beef sauce	£10.00
32. Chicken Rice - Medium-hot spicy served with vegetable	£8.00
33. Meat Rice - Medium hot with Abyssinian spices & vegetable	£7.90
34. Abyssinia Awaze Tibs - Diced sautéed beef accompanied by berbere & red wine sauce	£9.50
35. Abyssinia Gored Gored - Rare diced lean beef marinated in awaze (hot sauce of the house) & clarified butter	£13.00
36. Abyssinia Quey Wot - Lamb OR beef simmered in spicy sauce	£9.00
37. Kitfo - Prime beef tartar seasoned with Abyssinia clarified butter & Abyssinian chilli powder (can be served raw OR slightly sautéed)	£9.00
38. Kitfo for 2	£16.00
39. Abyssinia Special Kitfo Beef	£12.50
40. Tibs Wot – Zegni - Diced prime beef sautéed & simmered in spicy sauce seasoned with spices & fresh herbs Hot	£10.00
41. Minchet Abish Quey Wot - Finely chopped prime beef sautéed in Ethiopian clarified butter simmered in a spicy sauce, seasoned with spices & fresh herbs. Hot	£10.00
42. Minchet Abish Alecha - Finely chopped prime beef sautéed in Ethiopian clarified butter simmered in a spicy sauce, seasoned with spices & fresh herbs. Mild	£10.00
43. Bozena Shero Royal - Diced prime beef simmered in shero (spicy puréed yellow split peas)	£10.00
44. Tekil Gomen - Cabbage & potatoes simmered in a mild sauce. Mild	£8.90
45. Kilk Alecha - Yellow split peas simmered in a mild, flavoured onion & herbs sauce. Mild	£9.00
46. Azifa - Lentils salad seasoned with red onions, garlic, jalapeno peppers, olive oil, fresh lemon juice, herbs & spices (served cold)	£9.50
47. Buticha - Chickpeas puréed, chilled, seasoned with red onions, garlic, jalapeño peppers, olive oil, fresh lemon juice & spices (served cold)	£10.00

Combo Dishes

48. Chicken Combo - Grilled chicken served with rice OR injera	£9.00
49. Vegetables Combo - Served with injera OR rice	£9.00
50. Meat Combo - Beef & chicken served with rice	£10.00
51. Fish Combo - Fresh Tilapia served with vegetables & rice	£13.00
52. Abyssinia Mixed Combo (for 3 people) - Meat & vegetables	£29.00
53. Abyssinia Vegan Grand Combo (for 3 people)	£26.50

Kids Meal

54. Kids Lamb Stew with Toast Bread	£6.90
55. Kids Grilled Chicken strips - Served with lettuce & tomatoes	£6.90
56. Kids steamed Chicken breast - Served with boiled potatoes & fresh tomatoes	£7.00
57. Kids Chicken Stew	£5.50
58. Kids Fish fingers , potatoes and veggies	£7.00
59. Kids Vegetables rice	£7.00

Non Spicy

60. Abyssinia Lega Tibs - Tender diced lamb sautéed to perfection with rosemary, green chilli (optional), onions & seasoned butter	£9.00
61. Abyssinia Zilzil Tibs - Grilled zigzagged beef served with injera OR rice	£11.00
62. Abyssinia Alecha Wot - Turmeric flavoured sauce served with injera & rice	£10.00
63. Ingudai Tibs (Vegan) - Marinated sautéed mushrooms with onion, garlic & fresh tomatoes	£8.50
64. Alecha Fitfit - Injera marinated with lamb sauce, cooked with lamb meat, onions & garlic	£8.00
65. Derek Tibs - Diced lamb, sautéed onions, garlic, green chilli (optional) & rosemary cooked with seasoned butter	£10.00

Desserts

66. Ice Cream	£4.00
67. Baklava	£3.50
68. Marye - Toasted Injera with Organic Honey	£4.90

Drinks

69. Coca-Cola 0.33L	£1.00
70. Diet Coca-Cola 0.33L	£1.00
71. Sprite 0.33L	£1.00
72. Fanta Orange 0.33L	£1.00
73. Tango Orange 0.33L	£1.00
74. 7Up 0.33L	£1.00
75. Mango Juice	£3.00

Hot Drinks

76. Regular Tea	£2.00
77. Coffee	£2.00
78. Latte	£2.00
79. Cappuccino	£2.00
80. Kemem Shay - Dried ginger, cardamom, cloves, cinnamon & black East African tea	£2.00
81. Ginger Shay – Ginger tea	£2.00
82. Mint Tea	£2.75
83. Arengude Shay – Green Tea	£2.75
84. Freshly Brewed Hibiscus Tea	£2.75
85. Abyssinian Black Tea	£1.50

Alcoholic Drinks

86. House Wine – Bottle of Red or White	£12.90
87. Bottle beer	£3.00
88. Tej – Abyssinian honey wine	£3.00